

Ons wra(e) ... oor stres



Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

~ Jesus
Matthew 11:28-30 Msg

The best way to live, and the only way to die, is Christ.
~ Anonymous



Werk met lewenstres deur ...



Dit is my geliefde Seun ...
Matthéüs 3:17

1. Identiteit



I only try to please the one who sent me ...
John 5:30 NCV

2. Motivering



... for I was sent for this purpose.
Luke 4:43 RSV

3. Visie

Anyone who lets himself be distracted from the work I plan for him is not fit for the kingdom of God.
Luke 9:62 LB



En aan die een gee hy vyf talente en aan die ander twee en aan die ander een, aan elkeen na sy vermoë ...

Matthéüs 25:15

4. Talente



... that they might be with him and that he might send them out to preach...

Mark 3:14 NIV

5. *Community*



... but Jesus often slipped away to be alone so He could pray.

Luke 5:16 NCV

6. Gebed



... come away by yourselves, and we will go to a lonely place to get some rest.

Mark 6:31 NCV

7. Rus



... het Jesus na Galilea toe gegaan ...

Markus 1:14

8. Fisiese aktiwiteit



Let op die lelies van die veld ...

Matthéüs 6:28

9. Skepping



Jesus came enjoying life ...

Matthew 11:19 Philipps

10. Feesvier



Ek word 'n dader van die Woord deur ...

